



Shalindar Singh

Coach & Multicultural Adviser

Shalindar's curiosity and intuition with human behaviour and consciousness began as a child growing up in a family with a diversity of cultures and opportunities. Her observations of people's differences and patterns catalysed her interest to study theology, philosophy, metaphysics and psychology.

A professional career as a business analyst of a large corporation has honed her skills in communication, analysis, design and support of business and people processes. She has provided guidance and instruction as a yoga teacher and volunteer working with both children and adults.

Shalindar is passionate about empowering people to recognise and embrace their natural gifts with techniques and wisdom that will last them a lifetime.

She teaches courses in *Your Hidden Potential* and *The Secrets of Your Psyche*.